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Happy Fall!

There is something so invigorating about the crisp cool air of fall! While the weather may be getting cooler and the days getting shorter, now is not the time to stop thinking about your garden. The fall is the perfect time to get a head start for the spring!

It's a great time to plant perennials, trees and shrubs in your garden. Planting these in the fall allows for better root growth so you can enjoy bigger and fuller plants come next year!

Currently we are offering 50% off perennials, trees and shrubs (as well as houseplants) in store! We're happy to help you find the best options for your garden, please feel free to bring in photos and/or questions to help us assist you in finding the right plants for your space.

Plant Spotlight September 2022: Echinacea



We're enjoying the beautiful colours echinacea is adding to our gardens right now and hope you are too. Echinacea is a wonderful plant for the garden because of its late summer colours, birds love to eat the seeds and it can be used as a powerful immunity booster! With cold and flu season just about upon us, we are taking every precaution. Here is a recipe for our favourite Echinacea tincture to help stave off illnesses this season:

Ingredients:

- 1 ounce echinacea flowers and leaves
- 2 ounces vodka 190 proof, or 95% alcohol

Instructions:

- Place a mason jar onto a kitchen scale and hit "tare" to zero out the weight.
- Add your echinacea leaves and flowers to the jar, packing down gently, if needed.
- Remember the weight (in ounces) of the flowers and leaves, then add double the weight (in ounces) of vodka.
- Add lid and give the jar a good shake to start the process.

Find the whole recipe and more information [here](#).

Final thoughts and additional resources:

As you're cleaning out your yards and putting your gardens to sleep for the year, we'd like to encourage you to think about our friends; the pollinators. Many pollinators, including bees, nest in the ground and in other natural matter like hollow twigs and stems. Consider leaving small piles of leaves along garden edges or leaving dead stems of plants standing about 12 inches off the ground. This may make the perfect fall and winter home for pollinators that you will be looking to attract come spring!

Fall and Winter Planting Guide - [West Coast Seeds Guide](#)

Tips for Growing Garlic - [Growing Garlic](#)

Mark your calendars, our Holiday Extravaganza will be on November 24th this year. Stay tuned for more details and an exclusive offer!



Store Hours:

The Month of September:

- Tuesday - Saturday: 9:30 am - 5:00 pm
- Sunday: 10:00 am - 5:00 pm
- Monday: CLOSED

The Month of October

- Tuesday - Sunday: 10:00 am - 5:00 pm
- Monday: CLOSED

November and December

- Tuesday - Saturday: 10:00 am - 5:00 pm
 - Sunday/Monday: CLOSED
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